

NERI Seminar

Exploring Working Hours Disparities in Europe

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- ① Motivation
- ② Introduction
- ③ Literature Review
- ④ Methodology and data
- ⑤ Results

1 Motivation

2 Introduction

3 Literature Review

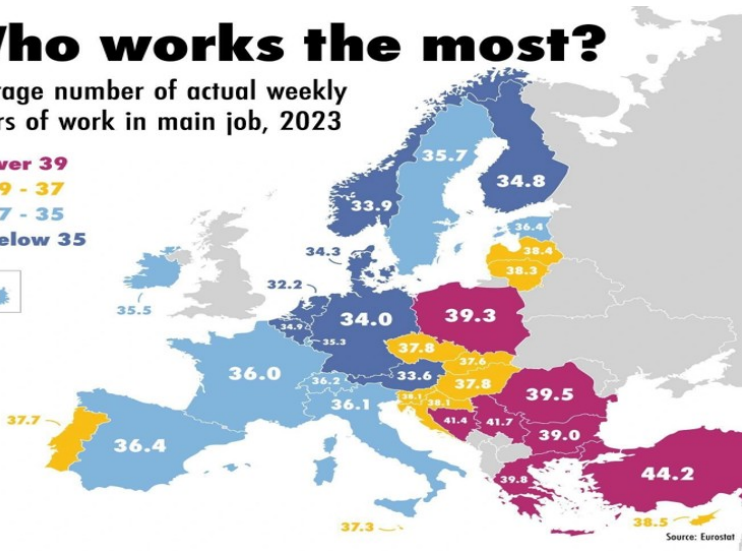
4 Methodology and data

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Who works the most?

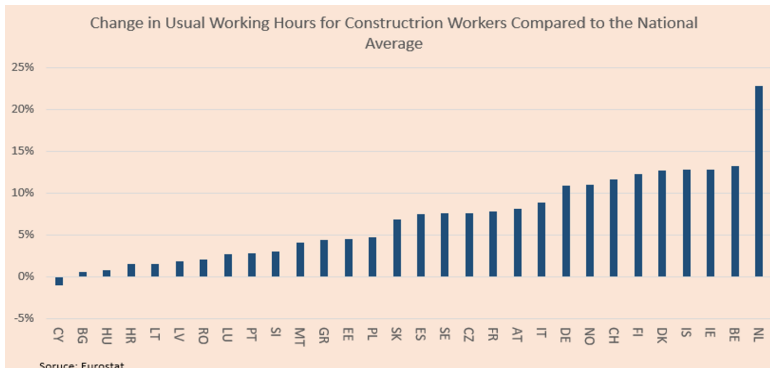
Average number of actual weekly hours of work in main job, 2023

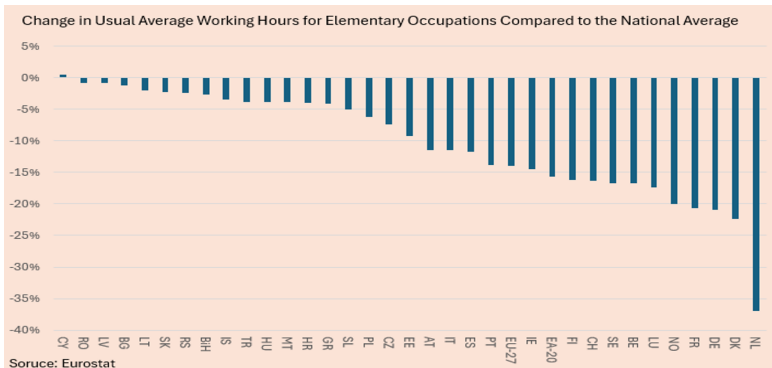
- over 39
- 39 - 37
- 37 - 35
- below 35

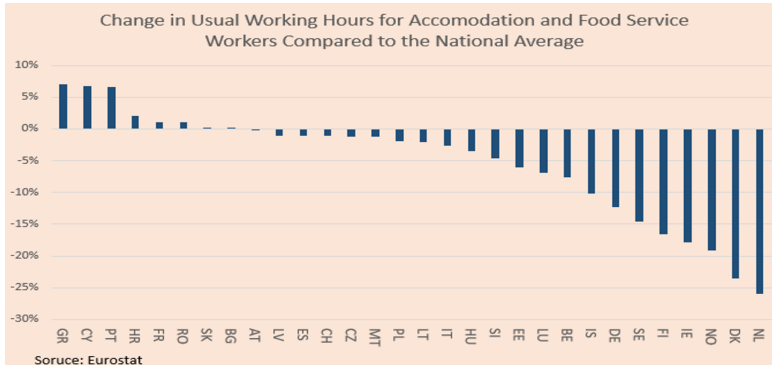


Source: Eurostat









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Intoduction 1/2

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- To protect people from overworking and ensure welfare, most European countries have legislation that caps maximum working time (European Commission, 2003).
- Insufficient labour hours can also pose financial challenges, limiting earnings and reducing economic security (Bünning and Schult, 2016).

Introduction 2/2

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Introduction 2/2

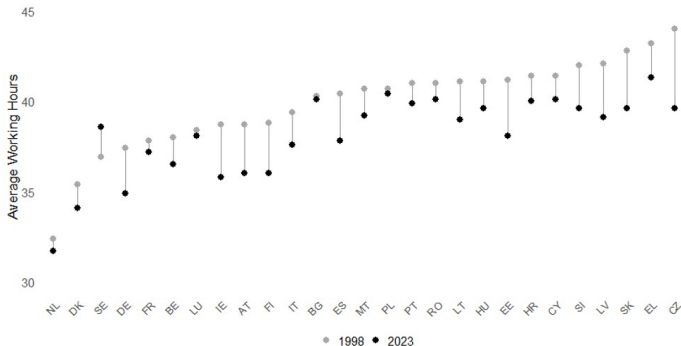
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- Average usual working hours in Europe have decreased significantly, yet there are within- and between-country variations.
- Various economic, institutional, and social factors, including both individual worker characteristics and country-level determinants, influence this heterogeneity.
- In this study, we look at the determinants of usual working hours in Europe, combining micro and macro-level data.

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Average working hours have fallen across Europe, yet there are significant differences between the East and the West



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- Over-hiring also leads to a reduction in the number of hours worked per employee (Dossche et al., 2019).

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- In the U.S., half of early-career workers report that their management decides on the number of labor hours, and only 41

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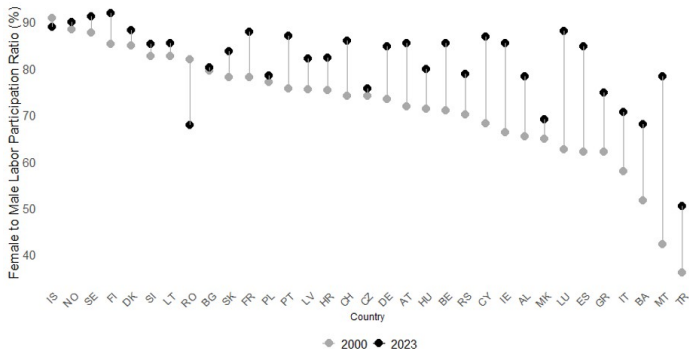
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- A spouse with a higher wage is more likely to reduce their participation in household activities, as they prioritize labour market engagement (Donni Matteazzi, 2018).
- However, the country-level literature exploring the causal impact of female labour force participation on working hours remains relatively underdeveloped.

The female-to-male labour force participation ratio in Europe has shown significant improvements over the past 23 years



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- The second hypothesis implies that rich countries have more generous social transfers (Jensen, 2019); and higher income tax rates, reducing incentives to work long hours (Prescott, 2004; McDaniel, 2011).
- Testing both hypotheses, Bick et al. (2020) find that the income effect is the dominant driver of reducing the working hours in rich countries.

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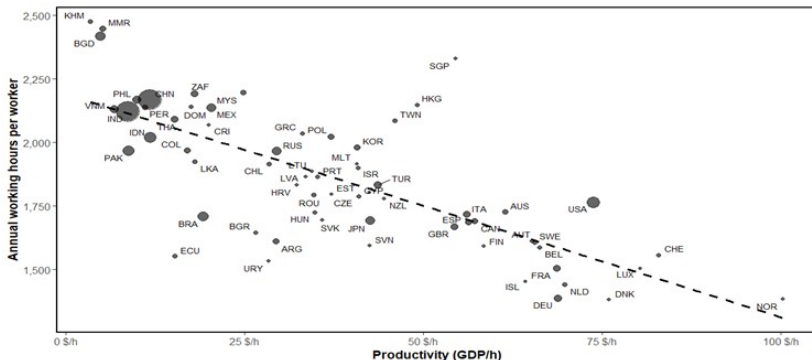
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- Thus, a significant variation in average working hours in Europe may be attributed to labour productivity.

Workers in countries with higher levels of labour productivity usually tend to work fewer hours



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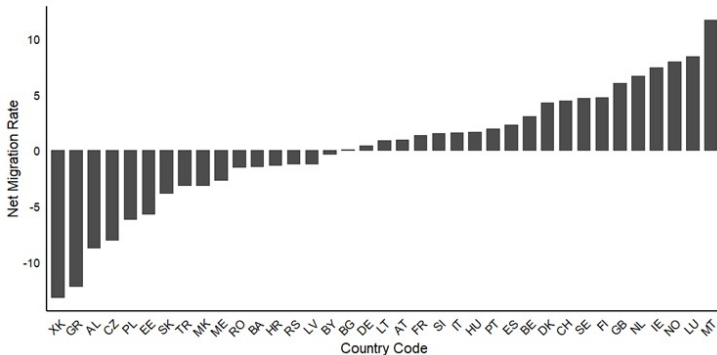
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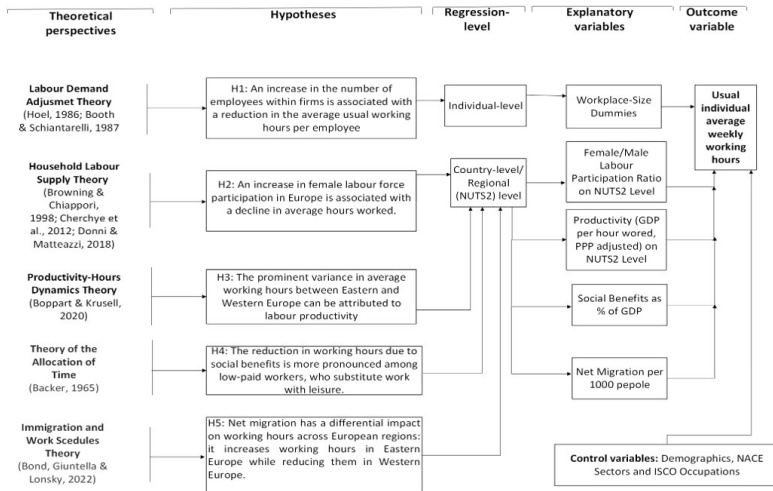
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- Countries with higher rates of union coverage usually have lower average working hours (Frase Gornick, 2013).

Net migration per 1000 people in Europe, 2024



Visualisation of two-level empirical investigation



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 - The relationship between working hours mismatch, job quality, and mental well-being (De Moortel et al., 2017; Bartoll

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 - Males working longer hours and those with lower education levels benefit the most from reduced WH.
- **Sector and Occupation Effects:**
 - The largest reductions in WH occur in the retail, manufacturing, accommodation, and food services sectors.
 - No significant effect is observed in public administration and health sectors.
- **Productivity and Working Hours:**
 - A 10-unit increase in productivity (GDP per hour worked in PPP) leads to an average reduction of 0.2 WH.
 - The greatest reductions from productivity gains occur in accommodation, food services, and retail.

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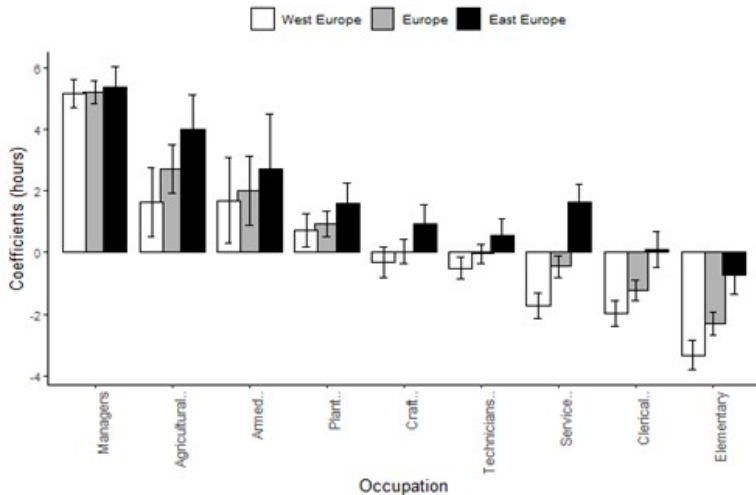
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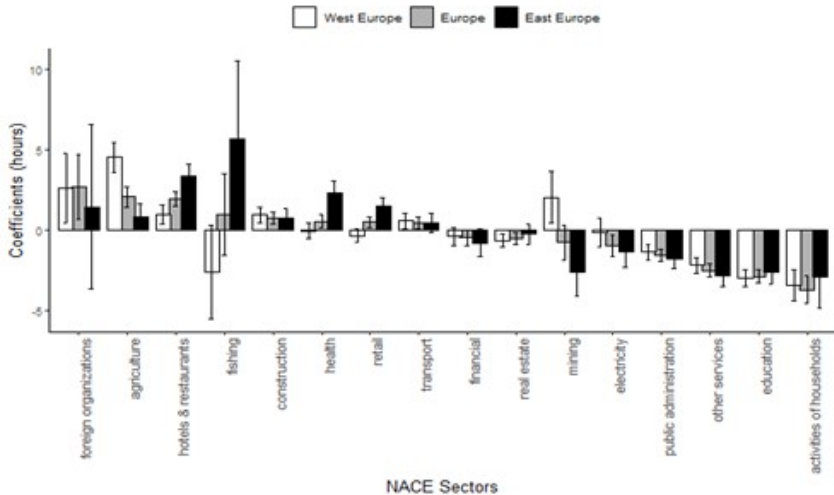
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- **Regional inequality and union strength shape WH differences.**

Occupations-based differences



Sector-based differences



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- Immigration in WE reduces managers' WH but increases WH (relatively) in construction, hospitality, and retail.

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